

# Did You Know?



Rock Spring Swim Club is an official Red Cross Provider. This means that all of our swim lesson instructors are fully certified by the American Red Cross to be Water Safety Instructors.

Instructors are also certified in Lifeguarding, CPR for the Professional Rescuer, and First Aid. Our instructors work with your child throughout the entire swim lesson experience. We do not exceed 10 children per class to ensure each swimmer receives individualized attention. For swim lesson registration information; please refer to the enclosed swim lesson packet.

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You asked, we listened! This year, we have once again added a swim course for children 2 ½ to 4 years old. Bubbler is a water adjustment course. The class will meet for 30 mins. Some of the class will be held in the baby pool, some in the big pool. We are also offering one hour and fifteen minute evening stroke clinics this year. The purpose of the clinics is to offer swim team members extra assistance with the development of strokes and turns used in the competitive swimming arena.